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Basic Guide to Working Hours (Domestic Workers)

The maximum working hours including meal breaks, rest periods, and night work allowed for workers.

Application

Sectoral Determination 7 applies to **all domestic workers** (including independent contractors and those employed by agencies), **except** domestic workers who -

- work on **farms**; or
- are covered by -
 - **another sectoral determination**, or
 - a bargaining council **agreement**.

The Basic Conditions of Employment Act applies in respect of any matter not covered by this sectoral determination.

See

- Sectoral Determination 7: Domestic Workers
Special rules governing the employment of domestic workers

Maximum Working Hours

Number of days worked per week	Maximum			
	Hours per day		Hours per week	
	Ordinary	Total	Ordinary	Overtime
1 - 5	9	12	45	10
6 - 7	8	12	45	10

Compressed Working Week

Workers may agree, in writing, to work up to 12 hours a day without getting overtime pay.

However, these workers may not work more than ?

- 45 ordinary hours a week
- 10 hours? overtime a week
- 5 days a week

Averaging of Working Hours

A collective agreement may allow for working hours to be averaged over a period of up to 4 months.

However, workers may not work more than ?

- an average of 45 hours a week
- an average of 5 hours? overtime a week

Meal Breaks

Workers must have a meal break of 60 minutes after 5 hours? work.

A written agreement may ?

- reduce meal intervals to 30 minutes
- eliminate meal intervals for workers who work less than 6 hours a day

Rest Periods

Workers must have a rest period of ?

- 12 hours each day; and
- 36 consecutive hours each week (must include Sunday, unless otherwise agreed)

Night Work

Workers working between 18h00 and 06h00 must ?

- get an allowance, or
- work reduced hours, and
- have transport available to them.

Related Links

- **Basic Guide to Overtime (Domestic Workers)**

Sectoral Determination 7: Domestic Workers regulates overtime working hours and pay for such hours.

- **Basic Guide to Public Holidays (Domestic Workers)**

Sectoral Determination 7 stipulates the conditions for working on Public Holidays for domestic workers.

- **Basic Guide to Working on Sundays (Domestic Workers)**

Sectoral Determination 7: Domestic workers prescribes the wages for working on a Sunday.